

Children & Teen Resources

Books

For Grade- and Middle-School Readers:

- *A Terrible Thing Happened* by Margaret M. Holmes (Magination Press, 2000)
- *After Charlotte's Mom Died* by Cornelia Spellman (Albert Whitman & Company, 1996)
- *Eddie's Brave Journey: How One Little Elephant Learned All About Grief* by Randi Pearlman Wolfson (Grief and Grits, 2020)
- *Eden and Her Joy* by Tracy Schleppehorst (Emotion Belly Books, 2018)
- *How It Feels When a Parent Dies* by Jill Krementz (Alfred A. Knopf, 1981)
- *I Miss You: A First Look At Death* by Pat Thomas (Barron's Educational Series, 2001)
- *I Wish I Had a Book to Read: Helping a Child's Heart Heal When Someone Special Has Died* by Randi Pearlman Wolfson (Look Up at the Moon Publications, 2007)
- *My Grandmother Is Always With Me: A Remembering Journey* by Lorraine Hedtke and Addison Davidove (NRD Publishing, 2013)
- *Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss* by Michaelene Mundy (Abbey Press, 1998)
- *Saying Good-bye to Grandma* by Jane Resh Thomas (Clarion Books, 1988)
- *Someone I Loved Died By Suicide: A Story for Child Survivors and Those Who Care for Them* by Doreen Cammarata (Limitless Press LLC, 2009)
- *The Invisible String* by Patrice Karst (DeVorss Publications, 2000)
- *The Memory Box: A Book About Grief* by Joanna Rowland (Sparkhouse Family, 2017)
- *The Tenth Good Thing About Barney* by Judith Viorst (Atheneum Books, 1987)
- *Maybe Tomorrow?* by Charlotte Agell (Scholastic Press, 2019)
- *Death is Stupid* by Anastasia Higginbotham (Feminist Press, 2016)
- *Healing Your Grieving Heart For Kids: 100 Practical Ideas* by Alan D. Wolfelt, Ph.D. (Companion Press, 2001)
- *Walk Two Moons* by Sharon Creech (HarperCollins Children's Books, 2012)

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For Teens:

- *Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss* by Enid Samuel-Traisman (Centering Corporation, 2002)
- *Healing Your Grieving Heart For Teens: 100 Practical Ideas* by Alan D. Wolfelt, Ph.D. (Companion Press, 2001)
- *Straight Talk About Death for Teenagers: How to Cope With Losing Someone You Love* by Earl A. Grollman (Beacon Press, 1993)
- *Weird Is Normal When Teenagers Grieve* by Jenny Lee Wheeler (Quality of Life, 2013)
- *You Are Not Alone: Teens Talk About Life After the Loss of a Parent* by Lynne B. Hughes (Scholastic, 2005)
- *What to Do When I'm Gone: A Mother's Wisdom to Her Daughter* by Suzy Hopkins (Bloomsbury Publishing, 2018)

Films and TV

- Movie suggestions in the Children's Grief Awareness Movie Bracket Challenge <https://childrengrieve.org/awareness/movie-bracket-challenge>
- Heartland (TV Show – available on Netflix) First two seasons deal with mother loss

Websites

- National Alliance for Grieving Children. <https://childrengrieve.org/>
- The Dougy Center (The National Center for Grieving Children & Families). <https://www.dougy.org/>