

# Adult Sibling Loss

## Books

- *Healing the Adult Sibling's Grieving Heart: 100 Practical Ideas After Your Brother or Sister Dies* by Alan D. Wolfelt (Companion Press, 2008)
- *Surviving the Death of a Sibling: Living Through Grief When an Adult Brother or Sister Dies* by T.J. Wray (Harmony, 2003)

## Videos

Billy Bob Thornton: "I've never been the same since my brother died", Oprah's Master Class, OWN, July 20, 2014. <https://www.youtube.com/watch?v=4Pn3y7S5FAw>