

Other Loss

Friend Loss

Videos

- Cameron Hanes discusses the death of his best friend, Roy (From Joe Rogan experience #759). <https://www.youtube.com/watch?v=3MgoJtG9YvE>

Films and TV

- Beaches

Spousal Loss

Books

- The Group: Seven Widowed Fathers Reimagine Life by Donald L. Rosenstein and Justin M. Yopp (Oxford University Press, 2018)
- Healing a Spouse's Grieving Heart: 100 Practical Ideas After Your Husband or Wife Dies by Alan D. Wolfelt, Ph.D. (Companion Press, 2003)
- When Your Soulmate Dies: A Guide to Healing Through Heroic Mourning by Alan D. Wolfelt, Ph.D. (Companion Press, 2016)

Videos

- The journey through loss and grief, Jason B. Rosenthal (TED Talk) <https://www.youtube.com/watch?v=lhoCdZFoktQ>

Films and TV

- PS I Love You

Websites & Podcasts

- The Widowed Parent Podcast <https://jennylist.com/podcast-main>

Child Loss

Books

- Still: A Memoir of Love, Loss, and Motherhood by Emma Hansen (Greystone Books, 2020)
- Healing a Parent's Grieving Heart: 100 Practical Ideas After a Child Dies by Alan D. Wolfelt, Ph.D. (Companion Press, 2002)